

MISHPOCHEH



TEMPLE BETH SHALOM

November 2020 Vol. 28, No. 8

☆ Brigantine Jewish Community Center

Rabbi Gerald R. Fox

Cheshvan/Kislev 5781

Coming Events

TBS Literary Society

Monday, November 16

7 p.m. via Zoom video format

"The Third Daughter" by Talia Carner

Our next event, which has been planned by Camille Rosenberg, will be truly wonderful.

Not only will the discussion be great, but the author herself will be conducting this event.

Please contact the office at 609-266-0403, office@seashul.org or Shirley directly at bookclub@seashul.org if you need additional information! We look forward to

"seeing" everyone there!

Adult Education

Sunday, Nov. 15

Rabbi Lance Sussman presents

"Oy, Oy, Oy and a Bottle of Rum: Jewish Pirates of the Caribbean."

RABBI'S COLUMN

The Different Flavors of Gratitude



During the American Civil War, President Lincoln was faced every day with the certainty that his choices would separate loved ones and that hundreds, if not thousands, of souls would never exist again. These choices, as would be the case for any person with a conscience, crushed him and made him devoted to the idea of being thankful for what one has and – as the Yiddish saying goes – thankful for what he had been spared. His tumultuous home life only served to reinforce this mental attitude even more so. It is no wonder, then, that he proclaimed, in the midst of the Civil War, a day of national Thanksgiving.

In some ways, all national holidays are a kind of civic therapy. Thanksgiving became popular, I believe, because there is within it a confluence of religious faithfulness, communal awareness and appreciation, and our very human immediate attentiveness to the needs and wants of everyday life. We are drawn to its inherent abundance because we desperately want the peace of mind that abundance can bring. And so, even in homes where arguments are the 11th dish at the Thanksgiving table, we prepare and attend with family or friends with a sense of hope and gratitude for what we have.

This year, of course, is a little different (to say the least). To sustain ourselves and be assured that we and our loved ones remain safe, we will be forced not to join together for hugs and Challah, kisses and Kneidlach, Turkey and Tzimmes. Instead, we will be forced to be alone, or to join family or friends via phone or video conferencing, which will likely leave us ruminating about what we are missing.

The flip side of being grateful for what we are granted in life is feeling gratitude for the suffering we have avoided. In fact, I would argue that Life is most freely felt by experiencing fully what we lack. There is no guilt that often comes with feeling undeserving of our abundance. Instead, we are free to feel only longing for what we are missing. When we are blessed with abundance, especially if we are not used to it, we can find ourselves looking over our shoulders for the suffering we "know" is only a few steps behind us and catching up fast. When we appreciate our life for the blessings of what horrible things or even small annoyances that we have been lucky enough to avoid, we suddenly find ourselves far more grateful than we might expect.

Gratitude may be a state of mind, but it is hard to get to a

(RABBI continued on page 7)

Friday Evening Services Reminder

Even though we cannot assemble in our beautiful building we can still get together, virtually. Every Friday evening at 6 p.m., we join together for our Welcoming Shabbat Zoom gathering. All members receive an email invitation with a Zoom link. If you are not receiving the Zoom invitation and would like to be included, send an email to rabbi@seashul.org with your email address and request. If you know of anyone who wants to participate but does not have the ability to join the Zoom services on-line they can still join via telephone. Leave the pertinent information on the TBS answering machine at 609-266-0403. We will find a way to communicate the access information.

The Prez Sez

If you could see me, you would see me smiling. I have been smiling ever since the Rabbi blew the *T'kiah Godolo* on the Shofar after *Nihlah*. I know it sounds impossible, but I think I was holding my breath from Erev Rosh Hashanah until the final notes of the Shofar faded into the night.



Think of all that could have gone awry.

- Will the Rabbi and his family remain healthy?
- Will Cantor Abramson arrive on time and will her voice be as amazing as it was last year?
- Will the videographer we hired be the correct choice? Does he have the correct equipment? Will it function on demand? Will the Temple infrastructure and Comcast have adequate band width?
- What if the Rabbi, Cantor or videographer get a flat tire on the way to Shul?
- Was the extra sanitation we did on the building before the holidays adequate?
- Did everyone who wanted or needed a *Mahzor* get one?
- What about the members *Allyiot*? Did they get their notices? Will they remember? Will their Zoom connection be good enough to allow the two-way interaction required?
- Zoom... Will the service be available without a glitch for all of the hours that we will require?
- We never did this before. What did we forget?

I could go on, but I am sure that you get the idea. So, you can imagine the sigh of relief when the Shofar blast receded and I knew that it all went off even better than I had prayed for.

The services were immediately followed by an informal, virtual Break-the-Fast. About 25 Break-the-Fast meals for two were ordered and a number of the recipients joined on-line to enjoy the food and discuss their experience and impressions of the services that had just concluded. I was thrilled to hear that the general consensus matched my impression. We did it. We innovated with a virtual *Yom Tov* and everyone seemed more than satisfied with the results.

The next event we had was a virtual annual meeting. That event came off even better than expected. After the officers gave their reports, each on-line member had the opportunity to speak. There was almost jubilation not only about how well services went, but also on the news about Adult Education that was revealed by Jan Sarratore. The creation of the Marguerite Solomon Adult Education Fund, the announcement that Temple Beth Shalom received three Jewish Federation grants for specific programs and that other programs were already booked, was greeted with joy.

It almost feels that we are entering a new era where Temple Beth Shalom is going to become the regional leader in virtual Adult Education. If only we had more members to join us in this next chapter. Don't you know anyone that should be offered the opportunity to join

Temple Beth Shalom? Please, think about that. If you come up with candidates, approach them yourself or send me the contact information and I will see that they are offered membership into our elite group.

I would be remiss not to thank all those who made the above cited events so successful. I start with Rabbi Gerald Fox who worked countless hours to convert a traditional *Yom Tov* to a virtual one. Cantor Abramson also went above the call of duty to make it happen and deserves our gratitude. Our videographer, Jason Portizo, got caught up in the spirit and went the extra mile. Jack Pressman spent hours on sanitation and supplies. Jan Sarratore made sure the Eternal Garden looked festive (see a photo of the Eternal Garden in this month's Newsletter) and coordinated the Break-the-Fast. Thanks, Jan. Special thanks to our office staff, Donna Jordan and Meghan Martin. Yes, they do get paid for their service, but I watched first hand to see the devotion they put into the holy days preparations. Believe me, they went above and beyond and that is appreciated. Special thanks to Gloria Jacoby, our Ritual Chairperson, for her extraordinary efforts in coordinating the hundreds of details that were needed to make the services flow beautifully.

On closing, and you knew this was coming, please, remember our Yom Kippur Appeal. If you have returned your pledge, THANK YOU. If you have not, we need your support. Please, give what you can.

Shalom,

Jack Lieberman

Hebrew Lessons at Temple Beth Shalom

The Crash Course in Reading Hebrew is in full swing with seven eager and attentive students. Fellow congregant, **Bernie Rosenberg**, is running these interactive Zoom sessions using a program developed by the National Jewish Outreach Program.

Plans for another Reading Hebrew 1 and a follow-up course, Reading Hebrew 2, are already slated to begin in the Spring. Additional notifications about these sessions will be posted on the website and included in upcoming newsletters.

Now is a good time to learn, improve and practice your Hebrew!

TBS Dinner Club

I'm SO pleased to tell you that 23 meals for our Yom Kippur break-the-fast were purchased and distributed! EVERYONE had positive comments and thought that Yianni's did a wonderful job packaging our meals – they were delicious, offered at a reasonable cost and very fresh!! Several congregants joined after services for a Zoom Break-the-fast meal. It was nice to be together virtually. At this time, there's nothing on the calendar for another Zoom meal. Maybe this winter we can all join together and share our favorite soups or chilis via Zoom!

General Donations

Donations were made by the following:

Tema Steele

Jonathan & Jody Caplan, in honor of Sarah Fox's leading us in song, chanting Psalm 23 during *Yizkor*, which was incredibly moving and deeply meaningful.

Roxanne & Ralph Elias, in honor of their daughter Natalie Bernstein and Philippe Ricci on their marriage.

Murray & Lorna Rosenberg, in honor of our 2020 *Kol Nidre* honorees!

A donation has been made from the Marguarite Solomon Adult Education Fund honoring Rabbi Gerald Fox for his Adult Education Program, "What Price Citizenship? Making Sense of Jewish Civics or Civic Judaism?" We appreciate your contribution to our Adult Education Program!

Special Announcements

Sheryl & Jeffrey Mazur announce the engagement of their son, Harris Mazur to Teryn Bieler, who both reside in Brooklyn Heights, N.Y.

Rabbi's Discretionary Fund

Joshua & Elaine Shapiro

Message Cards

Sidney & Shirley Morgan with love and gratitude to Jack Lieberman for his willingness to always help and be there whenever needed.

Yahrzeit Donations

Jo-Ann & Ronald Massanova in memory of Jo-Ann's mother, Rose Aufiero.

Estelle Silver in memory of her mother, Lillian Waltzer.

Beverlee Bearman Reiter in memory of her father, Sy Sumner Bearman.

Seymour & Norma Trachtman in memory of Seymour's mother, Yetta Trachtman and Norma's father, Jacob Freidberg.

Debra & Laurence Berger in memory of Debra's father, Simon Nager.

Marlene Paul in memory of her mother, Eva Lindenberg
Rose M. Zeltser in memory of her husband, Ronald H. Zeltzer.

Natalie & Howard Solomon in memory of Natalie's father, Israel N. Schenker, MD.

Jacqueline Fabel in memory of her father, Emanuel Bilk, her father-in-law, Lewis Fabel and her sister, Anna Kahn.

Albert & Barbara Dragon in memory of Albert's mother, Betty (Becky) Dragon.

Dr. Joseph & Lillian Hassman in memory of Joseph's parents, Benjamin & Ethel Hassman and his father-in-law, Morris Davis.

H. David & Gloria G. Caplan in memory of David's mother, Henrietta Ginsburg.

Ralph & Roxanne Elias in memory of Ralph's father, Joseph Elias.

Carol & Howard Serotta in memory of Carol's father, William Hecht and Carol's cousin, Barry Joel Hecht.

Drs. Fran & Sarah Kern in memory of Frank's mother, Shirley Kern and Sarah's mother, Sylvia Bliss Mandy.

Diane & Harvey Steiner in memory of Diane's mother, Francesca Fabrizio & Harvey's uncle, Abraham Motel.

Terry Horowitz in memory of her father-in-law, Morris Horowitz.

Jerald & Sheila Cohen in memory of Jerald's grandfather, Albert Cohen and their uncle, Frank Cohen.

Dr. Barry & Barbara Glaser in memory of Barry's sister, Flora Furman.

Stewart LaPayowker in memory of his mother, Mary Moskowitz.

Annieta Mann in memory of her parents, Leon & Virginia Shanack.

Drs. Burton W. & Judith P. Schwartz in memory of Burton's father, Dr. Albert M. Schwartz.

Dr. Howard & Arlene Waronker in memory of Howard's father, Isadore Waronker.

Gloria & Dr. Henry Jacoby in memory of Gloria's mother, Rose Yablonsky.

Nancy Zucker in memory of her husband, Dr. Eli Zucker, her mother, Helen Kotzin and her father-in-law, Irving Zucker.

Michael & Carol Albert in memory of Michael's father, Maxwell Albert.

Stanton & Aimee Levin in memory of their fathers, Leonard Levin & Daniel Schmerling.

Marvin Waxman in memory of his wife, Diane Waxman and mother-in-law, Ethel Rose.



NOVEMBER BIRTHDAYS

1John A. Elzufon 14.....Trudy Durant
8Jessica Goldstein 16.....Janet Sarratore
13Howard Solomon

NOVEMBER ANNIVERSARIES

5Dr. Stephen & Rosalyn Weinstein
23Cary & Trudy Durant
27Mitchell & Mina Kramer

TBS Team Oneg

While we're staying home, this is a perfect opportunity to go through your recipes and try some that you haven't made in a long time! Be sure to send your favorite dessert recipes our way!! We WILL bake again at the Temple, just don't know when!

In the meanwhile, work has begun again on the Kugels by the Shore cookbook! Due to COVID19, our committees were put on hold. Camille Rosenberg and Jan Sarratore represent Temple Beth Shalom in this venture! The Jewish Federation is again gathering recipes, in the hopes of having a completed cookbook by Mother's Day in May! We currently have about 140 recipes and would like a few more. If you haven't already, please submit your favorite kugel recipe to tbskitchen@seashul.org! AND to get you in the mood for kugel, here's one that Sandy Cogan submitted for the cookbook.

The Jewish Federation is taking preorders for Kugels by the Shore! Call the Temple office if you'd like to have one (or more) reserved for you. I've already reserved FOUR!!! They'll be \$18 each or 2 for \$30!

KUGEL

(Pareve)

12-16 ounce broad noodles
1 large can of fruit cocktail w/natural fruit juice
5 eggs
1 cup raisins (optional)
1 cup orange juice
1 stick margarine

Cook noodles al dente.
Melt butter using some to grease the 8x10 baking dish.
Whip eggs and add orange juice to it.
Combine margarine, eggs, fruit cocktail and raisins.
Add all to noodles.
Pour into prepared baking dish.
Noodles should be almost covered with liquid.
Preheat oven to 350°
Bake for 1 hour at 350° or until all the liquid is absorbed.

Jan Sarratore
tbskitchen@seashul.org

Adult Education

Our Adult Education Committee has been working hard to provide Temple Beth Shalom congregants with some terrific ZOOM Adult Education Opportunities! These sessions last about an hour and include a Question & Answer period. After registering for each event, congregants and their guests will receive a link to the ZOOM session. You can also make your reservation through the Temple office and your name will be added to the list of people receiving the Zoom link.

In July and August, congregants Afton Koonz, Neil Brandt and Danny Alva discussed interesting topics with us and we look forward to giving you the dates and details for Adult Education Sessions yet to be scheduled with Rabbi Yaakov Kravitz, Rabbi Geela Rayzel Raphael and Rabbi Bob Alper in the early winter and/or spring, thanks to generous grants offered through the Jewish Federation. Our thanks to Rabbi Fox for securing these grants for us.

In August, we were pleased to welcome Rabbi Lance Sussman, the Senior Rabbi of the Reform Congregation of Kneseth Israel in Elkins Park, PA as he presented his first of three adult education sessions for us! He'll be joining us again on November 15 when he presents "Oy, Oy, Oy and a Bottle of Rum: Jewish Pirates of the Caribbean" and on February 7 when he presents, "Speak Softly and Carry a Big Schtick: Teddy Roosevelt and The American Jewish Community." More information about these sessions can be found on our website by clicking on the calendar or going to "Happenings."

In October, our own Rabbi Fox, explored what it means to be a Jew and a citizen of a country you call your own, in a talk called "What Price Citizenship? Making Sense of Jewish Civics or Civic Judaism." Also in October, SIX congregants and our Temple Administrator, Donna Jordan signed up for our Adult Hebrew 1 class led by Bernie Rosenberg!! We're thrilled with this turnout and will be offering more Hebrew classes in the future!

And last, but not least, thanks to Congregant Gene Solomon, the Marguarite Solomon Adult Education Fund has been established. This fund will enable us to find speakers through Stockton University, The Jewish Federation and the Association for Jewish Studies and allow us to offer these speakers an honorarium for their time with us! When you're making a contribution to the synagogue, please consider designating your donation to the Marguarite Solomon Adult Education Fund so that we can continue to offer exciting Adult Ed programming for our congregation and community for years to come. If you know of a speaker to recommend to us, please call the Temple office and let us know! If YOU are passionate about a topic that you'd like to share with us, please contact the Temple office and let us know.

Temple Beth Shalom Website: www.seashul.org

During this most difficult time, it is important for all of us to feel connected and part of a community. The Technology Committee is committed to maintaining our communication with you by regularly

updating our website with important notices, upcoming calendar events, synagogue programs, current and archived newsletters and other pop-up events. If you have not had an opportunity to check-out the new

Temple Beth Shalom website at www.seashul.org, you are encouraged "to take a look!" Comments and feedback are always welcome; please email the Temple Beth Shalom webmaster at webmaster@seashul.org.

Simply Summer Shirley

Welcome to all of my readers.

TBS Literary Society News:

To all of my faithful Zoomers,

Well, sad to say we are still wearing masks and meeting via zoom – however, at least we are still here to be together. Just so you do know I realize that even though you all look lovely, I can see your shoes (HA – my attempt once again at humor during this pandemic)!

Since this is really not a normal time in our lives my column reflects that. It is kinda a mish mash and cornucopia of events, feelings and whatever I feel like adding. My primary goal is to just lighten up your lives a little while discussing daily bits and pieces.

Here goes – The following are just a few items that truly have had a very special effect in making life a little less isolated and lonely during the holiday season.

The High Holiday Services were truly wonderful, amazing and heart-warming. To Rabbi Fox, Cantor Abramson and our videographer, Jason, I say well done, well done! To all of our wonderful core crew (there are too many to mention) who worked diligently to see that all of this actually worked, I say thank you. Seeing we all had our prayer books available if needed and the wonderful Break-the-Fast meal are just two examples of how things worked out. There are so many things that had to be done and I know that there has been endless work in seeing that our synagogue is being kept up to COVID standards. I also realize that Donna, Meghan and many others were always there to answer calls and help whenever and wherever needed. Again, to all of you who worked so hard to see that this happened, and happened in such a wonderful way, I say thank you, and of course Sid thanks you as well. Temple Beth Shalom is truly blessed to have such caring members.

We continue our TBS Zoom sessions and truly they are great because we actually get to see people who have moved away who discuss books as well as life with us.

On Wednesday, October 14 Rabbi Gerald Fox presented “What Price Citizenship? Making Sense of Jewish Civics or Civic Judaism.” This was most informative and interesting and delved into “The Law of the Land is the Law of the Land” and how to implement this as Jews and individuals in our everyday lives.

The following is a list of just a few special events to come and I will go into them further in the next edition of my “Simply Shirley Column.”

Fabulous Adult Education Calendar that includes:

Hebrew Reading Crash Course that is being taught by Bernard Rosenberg – Wednesday at 7 p.m. – October 7, 21 & 28; November 4, 11 & 18; and December 2 & 9.

Temple Beth Shalom Scholars Series with Rabbi Lance Sussman:

“Oy, Oy, Oy and a Bottle of Rum,” Sunday, November 15 – 12:30 p.m.

“Speak Softly and Carry a Big Shtick,” Sunday, February 7 – 12:30 p.m.

Now to our fabulous TBS Literary Society News:

We zoomed on Monday, October 12 to discuss the book “The Dutch House” by Ann Patchett. Quite an interesting discussion and book to read. A vivid description of a lovely house in Elkins Park and just what this house meant to the family living there and of course so much more. As always it is just so wonderful to see our Bookies, even if it’s not in person, seeing you all makes a dull day much brighter. Our next event which has been planned by Camille Rosenberg will be truly wonderful since we will be discussing the book “The Third Daughter” by Talia Carner. Not only will the discussion be great but the author herself will be conducting this event. The date for this event is Monday, November 16 at 7 p.m. Thank you again to Camille for arranging this for our book club.

Even though our synagogue is “The Little Shul by the Sea” we have truly come a long way and I personally would like to say “Thank You” to all of our hard workers who have made all of these new events part of our lives. We are living through a most difficult time, but the words are ‘WE ARE LIVING.’

Hope to actually see you in person soon – but for now, SEE YOU VIA ZOOM!

With wishes for good health, happiness and a return to a somewhat normal life, I remain,

Simply Shirley

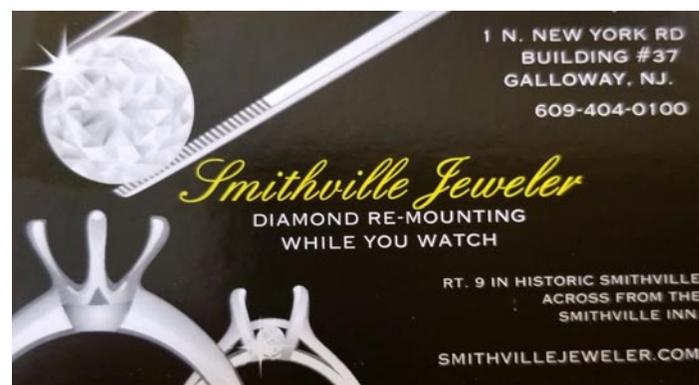
Thank You Smithville Jewelers

As the sanctuary was being converted for the high holidays, it was surprising to see how tarnished the Torah crowns and Yads had become. Apparently, disuse is not a positive. Rabbi Fox then asked former members Marcia and Len Goldenberg, owners of Smithville Jewelers, if they would help out and polish the silver. This is a Mitzvah that the Goldenberg’s had performed before.

When the silver was dropped off, Len was shocked to see how badly tarnished the accessories were. He made no promises.

When the silver was retrieved, it was amazing. The silver could not have been nicer than the day it was acquired.

Our thanks go to Marcia and Len. If you are in the Smithville area, stop in to Smithville Jewelers (across from Smithville Inn) say thank you and check out the inventory.



November Yahrzeits

- 11/3 Sandy & Barry Cogan *in memory of Sandy's father, Morris Rubinstein*
 11/4 Dr. Howard & Arlene Waronker *in memory of Howard's father, Isadore Waronker*
 11/5 Sheila & Jerald Cohen *in memory of Sheila's grandmother, Sarah Levine*
 11/6 Shelley & Ronald Miller *in memory of Shelley's father, David Gitomer*
 Carol & Howard Serotta *in memory of Carol's cousin, Barry Joel Hecht*
 Marlene Paul *in memory of her father, Leon Lindenberg*
 Michael Axler *in memory of his mother-in-law, Ruth Myers*
 11/8 Erika Brooks *in memory of her grandmother, Pearl Kaye*
 11/9 Pearl & Mark Erdman *in memory of Pearl's mother, Clara Blady*
 Nancy Zucker *in memory of her husband, Dr. Eli Zucker*
 11/11 Drs. Burton W. & Judith P. Schwartz, *in memory of Burton's father, Dr. Albert M. Schwartz*
 11/14 Michael & Carol Albert *in memory of Michael's father, Maxwell B. Albert*
 Cheryl & Michael Guterman *in memory of Cheryl's aunt, Rose Gilden Talbin*
 Marvin Waxman *in memory of his wife, Diane Waxman*
 11/15 Dr. Joseph Hassman *in memory of his father-in-law, Morris Davis*
 11/18 Lilyan Cralle *in memory of her mother-in-law, Sue Marie Cralle*
 Stanton & Aimee Levin *in memory of Stanton's grandmother, Sima Lotstein*
 11/19 Shelley & Sean Kardon *in memory of Shelley's father, Charles Lock*
 Gloria & Dr. Henry Jacoby *in memory of Gloria's mother, Rose Yablonsky*
 11/20 Debbie & Gail Coplein *in memory of their mother, Constance Coplein*
 Debbie & Gail Coplein *in memory of their great grandfather, Eli Erlichman*
 11/22 Jack Hanish
 Seymour & Dorothy Katz *in memory of Seymour's father, Joseph Katz*
 11/23 Leon Lotstein
 Marvin Waxman *in memory of his mother-in-law, Ethel Rose*
 11/25 Cheryl & Michael Guterman *in memory of Cheryl's father, David Brownstein*
 Anne Paulin
 Seymour & Norma Trachtman *in memory of Seymour's mother, Yetta Trachtman*
 Nancy Zucker *in memory of her father-in-law, Irving Zucker*
 11/27 Dr. Barry & Barbara Glaser *in memory of Barry's father, Samuel Glaser*
 Nancy Zucker *in memory of her mother, Helen Kotzin*
 Jack & Donna Pressman *in memory of Jack's father, Harry Pressman*
 11/28 Deborah Cimini *in memory of her father, Gerson Goldberg*
 11/29 Stephanie & Joel Miller *in memory of Stephanie's grandfather, Dr. Samuel Segal*
 Marvin Waxman *in memory of his mother, Belle Waxman*

Thank You For October To the Oneg Shabbat & Kiddush Sponsors

Friday, October 2 – Available to sponsor.

Friday, October 9 – Jerald & Sheila Cohen *in memory of their uncle, Frank Cohen.*

Saturday, October 10 – Available to sponsor.

Friday, October 16 – Available to sponsor.

Friday, October 23 – Available to sponsor.

Friday, October 30 – Jerald & Sheila Cohen *in memory of Jerald's grandfather, Albert Cohen.*

JFS Food Drive



Food and nonperishable items donated by Temple Beth Shalom members and guests for Jewish Family Service of Atlantic and Cape May Counties' high holiday collection.

Pictured congregant and Vice-President Jack Pressman and Vanessa Smith, JFS Volunteer Services Supervisor loading all the donated items into Vanessa's car.



TBS Social Committee

We are SO excited to announce the formation of the new Temple Beth Shalom Social Committee!! Many survey responses suggested that we host more social events at the Temple, especially during the summer months. Because of COVID19, we've not been able to gather in person and planning social events hasn't been possible.

Thanks to the wonders of ZOOM, our small committee of Camille Rosenberg, Eileen Alva, Donna Pressman and Jan

Sarratore are planning our first event to be held on December 2, 2020 for the women of TBS!! (See the flier inside this newsletter.) If you have a good idea for Zoom Socializing or in-person socializing for the future, please consider joining our committee for brainstorming and planning sessions! We're having a blast, but we need your help to keep our congregation connected during this crazy time in our lives.

Eternal Garden





Come Join the Fun Temple Beth Shalom's Ladies Night Out!

Ladies (Girls), ask yourself, do you....

Need a fun Ladies night out?

Need "female" belly laugh time?

Then mark your calendars for

*Wednesday, December 2nd, 2020
from 7:30 p.m. to 9:00 p.m.*

*Please rsvp to the Temple Office at office@seashul.org or call 609.266.0403
(a Zoom link will be sent out in late November.)*

There is no charge for this event; you will not want to miss it!!

Things you will need when we gather on the 2nd:

- *A pen and some paper*
- *A drink and a munchie*
- *A picture of yourself anywhere from kindergarten to high school,
and*
- *The pocketbook you use every day (for a game)*

Hope you will join us to...

*learn more about the Ladies/Girls of Temple Beth Shalom
and for Bragging Rights for the winners of our games!*

Rabbi

(Continued from page 1)

place where you can feel a pureness of gratitude welling inside yourself if so much of your time is spent simply trying to keep your head above water. Such is the case for so many these days (maybe even someone you know secretly suffers this fate). So, what is there to do? Walk around thinking all day long about how lucky we are that we didn't fall on a banana peel?! No, but perhaps we can reframe the fits and starts in our life, even if we have been experiencing them year on year for decades. Not to seem trite, but to borrow from lyricist Dorothy Field's words: Perhaps, we should "... take a deep breath, /Pick [ourselves] up, /Dust [ourselves] off, /[and] Start all over again." The point being that, what seems like failure may only be a stop on the way to success.

As we live through traumas big and small, we start to believe that we can only succeed up to a certain measure. To the contrary, however, this is not truth – it is training. Instead, let's look beyond the extremes of the holiday of Thanksgiving to find our truth within its truth: We have succeeded far more than we dwell upon and very likely more than we know.

This year, I have an idea. Rather than cooking or eating for a big group, why not pick a beloved food from a time in our life when we knew in our hearts that we were important to someone special (or when
(RABBI continued on page 8)



*This event is sponsored by the
newly formed Temple Beth Shalom
Social Committee*

we knew it within ourselves), make that one dish, and revel in it and in the moment(s) it evokes. In so doing, we can taste the gratitude of what we have been blessed to receive in Life. But, if we cannot do this, let us be grateful for being spared from the troubles that we all know in our hearts have been just a step or two away. No matter what, let's remember in the midst of our challenges that gratitude is a potent medicine for both stomach and soul!

May we all be granted the gift of knowing what it means to be grateful for what we have and for what we do not.

Happy 'Gratitude for our Blessings' Day!

Rabbi Gerald R. Fox

GO GREEN!

Save trees, energy, and postage. Just email office@seashul.org to request that your **Temple Beth Shalom** newsletter and other notices and reminders be sent by email. Do it for the planet, do it to save postage, do it for a mitzvah!

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A Reminder

to all Temple Beth Shalom members. Please notify the office of any births, engagements, marriages, illnesses or deaths. This way the Rabbi, Board and Temple membership can be notified. The answering machine is on 7 days and 24 hours a day.

MISHPOCHEH NEWS

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Your donations *in memory of* loved ones, simchas, our Library Fund or Rabbi's Discretionary Fund not only help the Temple, but also are a way to remember various happy and sad events in your life. Unsolicited general donations are needed to help the Temple meet its annual operating expenses. Keep in mind, less than 50% of our operating expenses are covered by membership dues. Listed below are the various items to which you can contribute.

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