

Here I am again
ready to let go of my mistakes.

*Help me to release myself
from all the ways I've missed the mark.*

Help me to stop carrying
the karmic baggage of my poor choices.



*As I cast this bread upon the waters
lift my troubles off my shoulders.*

Help me to know that last year
is over,
washed away like crumbs
in the current.

*Open my heart to blessing and gratitude.
Renew my soul as the dew renews the grasses.*

And we say together:
Amen.

Rabbi Rachel Barenblat

Kol Ha'Olam Kulo
by Rebbe Nahman of Bratslav

*Kol ha'olam kulo
Geshar tzar me'od
Geshar tzar me'od
Geshar tzar me'od*

*Kol ha'olam kulo
Geshar tzar me'od
Geshar tzar me'od*

*Veha'ikar, veha'ikar
Lo lifached, lo lifached klal
Veha'ikar, veha'ikar
Lo lifached klal*

The whole entire world
is a very narrow bridge.
And the main thing is not to fear at all.

כָּל הָעוֹלָם כֶּלֹו
גֶּשֶׁר צָר מְאֹד,
וְהַעֲקָר לֹא לִפְתּוֹד כָּלֹל:

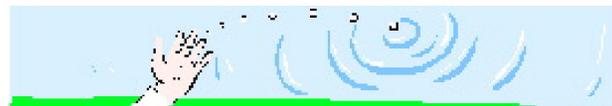


Today is merely a bridge
to tomorrow.

Franz Rosenzweig

Tashlikh 5781

Compiled by Rabbi Gerald R. Fox



כִּי־בְרַךְ אֲבָרְכֶךָ וְהִרְבֵּה אֲרֵבָה אֶת־זְרַעֲךָ כְּכּוֹכְבֵי הַשָּׁמַיִם
וְכַחֹל אֲשֶׁר עַל־שֹׁפֵת הַיָּם . . .

*I will bestow My blessing upon you and make your descendants as
numerous as the stars of heaven and the sands on the seashore . . .*

Genesis 22:17

Hayom! • This Day!

This day, give us strength!	Amen!
This day, give us blessing!	Amen!
This day, make us great!	Amen!
This day, seek our needs!	Amen!
This day, hear our sighs!	Amen!
This day, cleanse us!	Amen!
This day, make our paths straight!	Amen!
This day, accept our prayers!	Amen!
This day, support us with your justice!	Amen!
This day, remind us: "A good life!"	Amen!

Out of the depths I call to You;
Lord, hear my cry, heed my plea.
Be attentive to my prayers, to my sigh of supplication.
Who could endure, Lord, if You kept count of every sin?
But forgiveness is Yours; therefore we revere You.

I wait for the Lord; my soul yearns.
Hopefully I await His word.

I wait for the Lord more eagerly than watchmen wait for dawn.
Put your hope in the Lord, for the Lord is generous with mercy.
Abundant is His power to redeem;
May God redeem the people Israel from all sin.

Psalms 130

הַשְּׁלִיכוּ מֵעַלְיֶיכֶם אֶת־כָּל־פְּשָׁעֵיכֶם אֲשֶׁר פָּשַׁעְתֶּם בָּם וַעֲשׂוּ
לְכֶם לֵב חֲדָשׁ וְרוּחַ חֲדָשָׁה:

Ezekiel 18:31

מִי־אֵל כְּמוֹדָּךְ נִשְׂא עֵוֹן וְעֹבֵר עַל־פְּשָׁע לְשֹׂאֲרֵית נִחְלָתוֹ
לֹא־הִחְזִיק לְעַד אַפּוֹ כִּי־חָפֵץ חֶסֶד הוּא: יָשׁוּב יִרְחַמְנוּ יִכָּבֵשׁ
עֲוֹנֵינוּ וְתִשְׁלִיךְ בְּמַצְלוֹת יָם כָּל־חַטָּאתָם: תִּתֵּן אֶמֶת
לְיַעֲקֹב חֶסֶד לְאַבְרָהָם אֲשֶׁר־נִשְׁבַּעְתָּ לְאַבְתְּיָנוּ מִיְמֵי קֶדֶם:

Micah 7:18-20

לֹא־יָרְעוּ וְלֹא־יִשְׁחִיתוּ בְּכָל־הָר קִדְשֵׁי כִּי־מָלְאָה הָאָרֶץ דָּעָה
אֶת־יְהוָה כַּמִּים לַיָּם מְכַסִּים:

Isaiah 11:9

Cast off all your transgressions from yourselves
and make for yourselves a new heart and a new spirit.

Who is a God like you?

forgiving sin, absolving the transgressions
of the remnant of your heritage,
you who do not cling to anger, but desire only kindness,
you who act mercifully once again,
subduing the effects of our transgressions,
casting to the ocean waters all our wrongs.

You show faithfulness to Jacob,
love to Abraham,
as you have sworn to Abraham from days of old.

None shall do you harm, none shall destroy
throughout my holy mountain,
truly shall the world be filled with knowledge of ADONAI,
like waters of the ocean covering the earth.

Translation from Kol Haneshamah: Machzor Leyamim Nora'im

On Repentance

Do not say that repentance is not necessary except for serious transgressions such as illicit sexual relations, robbery and theft. Just as a person must repent of acts such as these, one is required to examine one's bad traits and turn away from such negative characteristics as anger, hostility, jealousy, the tendency to ridicule, pursuit of material possessions and honor, and gluttony. A person must repent of each of these. These offenses are more difficult to deal with than the other ones because such traits affect our actions at all times, and it is difficult for a person to refrain from such habitual behavior.

(Maimonides, Mishneh Torah, Laws of Repentance, 7.3)

A Tashlikh Prayer

Let us cast away the sin of deception, so that we will mislead no one in word or deed, nor pretend to be what we are not.

Let us cast away the sin of vain ambition which prompts us to strive for goals which bring neither true fulfillment nor genuine contentment.

Let us cast away the sin of stubbornness, so that we will neither persist in foolish habits nor fail to acknowledge our will to change.

Let us cast away the sin of envy, so that we will neither be consumed by desire for what we lack nor grow undmindful of the blessings which are already ours.

Let us cast away the sin of selfishness, which keeps us from enriching our lives through wider concerns, and greater sharing, and from reaching out in love to other human beings.

Let us cast away the sin of indifference, so that we may be sensitive to the sufferings of others and responsive to the needs of our people everywhere.

Let us cast away the sins of pride and arrogance, so that we may worship God and serve His purpose in humility and in truth.

(From Machzor Chadash, edited by Rabbi Sidney Greenberg & Rabbi Jonathan D. Levine)