

# MISHPOCHEH

TEMPLE BETH SHALOM  
June 2020 Vol. 28, No. 4

Brigantine Jewish Community Center

Rabbi Gerald R. Fox

Sivan/Tammuz 5780

## RABBI'S COLUMN

### *The Permission Within Us*

I don't know if you've noticed this, but I have: Even when we have been in quarantine or "lockdown," there are so many demands on us from all directions, especially if we have those in our lives who have exceptional needs. Despite being a poor student of my own realization, I learned long ago that others are rarely as loyal guardians of the door of our independence more than we are, and so we need to set our own boundaries for ourselves. Especially if we are not used to doing so, others may see us as selfish (and loudly proclaim it), but renewing ourselves by exerting a priority on our own needs will only help those in our lives who need us. As our heritage teaches, *Shmirat haGuf*, protecting/nurturing our bodies and minds, leads to *Shmirat haNefesh*, protecting/nourishing our souls. And, this is the foundation of being able to protect and nourish others.

Very often in life, we cannot get past the need to receive permission for anything we think we're due. We spend so much of our life in narrowly defined roles that we forget that we have our own agency. We spend so much of our time focused on trying to make others happy that we forget that that very happiness that we provide comes as a derivative of our own sense of comfort with our sense of self. Yet, we often don't believe that we know what is best for ourselves; others question us on each detail of our words and actions (by look or by word) and that scrutiny encourages us inward. Instead, when we need connection, we tend to withdraw, even in difficult times such as these that generally call for more personal engagement, not less. We must be persistent in remembering our own inherent, God-given agency in a world that is all too quick to take ours away and where the rush of the waters of upheaval unsteadies our feet.



Last Friday afternoon Temple Beth Shalom President Jack Lieberman and member Gloria Jacoby held check presentation ceremonies at the Jewish Community Center. They presented checks to the True Spirit Coalition Food Bank, and the Brigantine Fire and Police Departments. Here they present Officers Panas, Craver and Sweet with the Police Department check. Photo by Emmett Turner, Brigantine Times

There is a story from the old country about two Jews sitting together, each enjoying a glass of tea. They sit in silence and then one of them feels the need to justify their moment of respite.

"Life is like a glass of tea with sugar."

The tea partner, somewhat puzzled, looked up and around the courtyard, considering the words out loud: "Life is like a glass of tea with sugar?!"

After a few moments, the tea partner was stumped. "Nu, why, then, is life like a glass of tea with sugar?!"

A bit frustrated and with a look of annoyance came the reply: "How should I know? Am I a philosopher?!"

Most of us will see ourselves in one side of this conversation or the other, but regardless of which one, this brief exchange reminds us not to make too much of a moment or make too little of it. Much of our lives now is controlled by circumstance. The secret is that that is the case most of the time, but we have become quite good at ignoring this unsettling truism. Being stuck in our homes like an animal scared of

(RABBI continued on page 7)

## The Prez Sez

During the last two months, between rearranging my closets and shuffling the goods in my pantry (numerous times) I have certainly had plenty of time to think. One of my thoughts keeps coming back to the things I miss. It turns out that high on my list are those regular encounters that I always took for granted.



- Talking to friends face to face and not over the phone or Zoom;
- Seeing the expressions on the faces of those I converse with and no obscurity from masks;
- Popping into stores and markets at will and not waiting for my turn or their schedule;
- Stopping at any restaurant that struck my fancy at any time I was hungry and being able to eat right there;
- Attending to the volunteer chores I committed to and seeing the gratefulness in the eyes of those who benefited;
- A call from one of my children, “Dad, I’m coming down for the week-end;”
- Services at TBS where I not only received a spiritual infusion, but I also was able to enjoy the friendship that pervaded the sanctuary.

It turns out that I miss the everyday activities. Sure, going to a casino would be a change of pace. Attending a show would be enjoyable. A movie would break the monotony. However those items are not high on my list. I just want normalcy to return. Then my reflections reminded me of a story I recently heard.

A group of students were asked to list the 7 wonders of the world. After considerable debate, here is the list that received the most votes: The great pyramids, the Taj Mahal, The Grand Canyon, The Panama Canal, The Empire State Building, St. Peter’s Basilica and the Great Wall of China.

The teacher noticed that one student had not submitted her paper. When asked why, the pupil replied, “There are just so many, that I cannot decide.”

The teacher said, “Why don’t you tell us what you are thinking, perhaps we can help.”

In reply the student said, “I think the seven wonders of the world are: To see, To hear, To touch, To taste, To feel, To laugh and To love.”

Isn’t that really how we should all be weathering the shelter-in-place? Let’s not think about what we are missing, let’s concentrate on those things we do have. Despite the disruptions to our lives, we have a lot to be thankful for. I find that when I get blue, if I think of something positive, my mood improves. Give it a try.

What do I know? I know that sooner or later (perhaps later) this pandemic will end. At that time, there may be a new normal, but there will be a normal. The first time I see you at TBS we may both be wearing a mask and I may not shake your hand or give you a hug or a kiss on the cheek, but we will be thrilled to be back in our comfortable sanctuary.

Individually and together we will thank the Lord for sustaining us. I look forward to that day and seeing you in person, not virtually.

Until that day arrives, I will look for you Friday nights on Zoom where we can join our congregation in giving thanks for all we do have.

*Shalom,  
Jack Lieberman*



### BIRTHDAYS

1.....Arlene Waronker,	15.....Sheila Cohen
Dr. Howard Waronker	16.....Leslie Tuerk
2.....Albert Dragon	19.....Dr. Martin N. Freedman
4.....Andrea Abramowitz	21.....Jody H. Caplan
6.....Meryl Elfant,	23.....Ronald L. Shender
Steven Sarratore	27.....Ronald P. Massanova,
8.....Sarah K. Chaikin,	Carol Serotta
Dr. Jeffrey Delson	Gene Solomon

### ANNIVERSARIES

1.....Drs. Burton W. & Judith P. Schwartz
5.....Jonathan S. & Jody H. Caplan
9.....Ronald L. & Susan Panitch
10.....Bruce & Dolores Bortner
13.....Bernard & Norma Gittelman
14.....Sidney & Shirley Morgan
18.....Dr. Harry L. & Sarah K. Chaikin
Drs. Frank & Sarah Kern
20.....Marvin & Meryl Elfant
22.....Steven & Janet Sarratore
24.....Drs. Robert A. & Roberta Ball
25.....Albert & Barbara Dragon
26.....Allan & Andrea Abramowitz
Jason & Jessica Goldstein

## Thank You To the Oneg Shabbat & Kiddush Sponsors For May

Friday, May 1 – Available to Sponsor

Friday, May 8 – **Beth & Carl Apter** in memory of Beth’s father, Milton Cohen.

Saturday, May 9 – Available to sponsor.

Friday, May 15 – Available to sponsor.

Friday, May 22 – **Sarah, Matan and Doron Fox** in honor of our husband and father, Rabbi Gerald Fox.

Friday, May 29 – **Betty Chaikin** in memory of her mother-in-law, Katie Chaikin;

**Sheila & Jerald Cohen** in memory of Sheila’s uncle, Gerald Levine;

**Barbara & Albert Dragon** in memory of Barbara’s grandmother and aunt, Leah and Sophie Lonsky.

## Change in Officers

Beth Apter has served on the Temple Beth Shalom board for almost seven years. For the last five years, Beth has been one of our Vice Presidents. However, time brings changes. Beth has announced that she and Carl will be relocating to a new home in Coral Springs, Florida. The Apters have been staunch supporters of Temple Beth Shalom and their presence will be missed. If you get a chance to encounter them between now and the end of June, please, join us in wishing the Apters the best in this new chapter of their mutual adventure.

Temple Beth Shalom by-laws give the president the responsibility for filling officer vacancies. Jack Lieberman, President, has fulfilled that provision by appointing Jan Sarratore to the office of Second Vice President. The Sarratores (Jan and Steve) are relatively new members of Temple Beth Shalom, but Jan has made her presence well known. Jan was the founder of Club Oneg, the group that has a lot of fun preparing the goodies for our Friday night Onegs. Jan also tends our Eternal Garden. If you have not seen that spot lately, take a gander. That will give you an idea of Jan's meticulous work dynamics. Recently, Jan served as Chairperson of our Survey Committee. Over the next month or two you will see that effort was well directed and executed.

When you see Jan, please, thank her for all she has done for Temple Beth Shalom and give her your support in her new endeavor.

## Yahrzeit Donations

**Dr. Henry & Gloria Jacoby** *in memory of* Henry's mother, Pearl Jacoby and Gloria's father, Louis Yablonsky.

**Alan Simon** *in memory of* his wife, Carol Simon.

**Lawrence Rosen** *in memory of* his wife, Maxine Rosen.

**Shelley & Sean Kardon** *in memory of* Shelley's mother, Natalie Lock.

**Norma & Seymour Trachtman** *in memory of* Norma's mother, Elsie Freidberg and their friend, Carole Kramer.

**Estelle Silver** *in memory of* her husband, David W. Silver.

**Barry & Sandy Cogan** *in memory of* Barry's mother, Hilda Cogan.

**Beverlee Bearman Reiter** *in memory of* her mother, Sylvia Bearman.

**Jerald & Sheila Cohen** *in memory of* Sheila's uncle, Gerald Levine.

**Lillian & Ronald Shender** *in memory of* Lillian's mother, Evelyn Harrison and her sister, Sandra Wray.

**Albert & Barbara Dragon** *in memory of* Albert's father, Samuel Dragon & Barbara's grandmother, Leah Lonsky and her aunt & uncle, Sophie & Morris Lonsky.

**Burton & Ruth Weiss** *in memory of* Burton's mother, Pauline Weiss.

**Howard & Myrna Levin** *in memory of* Howard's mother, Rose Levin.

**Trudy & Cary Durant** *in memory of* Trudy's sister, Ellen Frunzi.

**Janis Murphy** *in memory of* her son, Andrew Milstein Murphy.

**Drs. Judith P. & Burton W. Schwartz** *in memory of* Judith's father, Herman Parker.

**Eileen & Robert Linzner** *in memory of* Eileen's father, Morris Rogovin.

## Eternal Garden

A donation was made by **Jan & Steve Sarratore** *in honor of* Camille Rosenberg for her kindness in making masks for us at this time.

## Eternal Garden Pavers

**Dr. Joseph & Lillian Hassman** *in memory of* Shirley Saltzman.

## Rabbi's Discretionary Fund

**Dr. Joseph & Lillian Hassman** *in memory of* Shirley Saltzman.

## Prayerbook Dedication

**Dr. Joseph & Lillian Hassman** *in memory of* Barry Bornstein.

## General Donations

Neil Goldfarb

Janis Murphy

Ronald & Jo-Ann Massanova

Donations were made by:

**Dr. Henry & Gloria Jacoby** *in memory of* past president Barry Bornstein and to Fran, Shirley, Jen, Liz and family, our deepest sympathy.

**Dr. Henry & Gloria Jacoby** *in memory of* Sarah Fox's uncle who passed away.

**Beth & Carl Apter** *in honor of* Camille Rosenberg for the contributions she makes to others. Thank you for the lovingly crafted, life-saving face masks.

**Roy Felgoise** *in memory of* Barry Bornstein.

**Sora E. Landes** *in memory of* Barry Bornstein.

## Message Cards

**Sid & Shirley Morgan** – *with sincere sympathy and love to* Fran Dratch and Bornstein family on the loss of Barry Bornstein.

**Beth & Carl Apter** - *Mazel tov to* Roberta Ball on her special birthday and a healthy and happy one!

**Beth & Carl Apter** - *in appreciation of* Camille Rosenberg for her kindness and generosity.



## TBS Team Oneg

I have no idea when we'll be back in the kitchen again, but whenever it is, we'll make some hamantaschen and celebrate Purim (the needed ingredients have been at the Temple since mid-March)! I am missing Team Oneg and can't wait to get back into the kitchen with the crew! In the meantime, have fun making this delicious cookie recipe that we've enjoyed for onegs.

### CRUNCHY CHOCOLATE CHIP COOKIES

pareve

Cream together: 1/2 C shortening  
1/2 C sugar  
1/2 C brown sugar

Mix well and add: 1 egg  
1 tsp. vanilla

Stir in: 1 C flour  
1/2 tsp. baking soda  
1/4 tsp. salt

Add to creamed mixture and mix well

Add: 1 C cornflakes - slightly crushed and 1 package of mini chocolate chips.

Grease cookie sheet. Bake 10 minutes @ 350°

If you have a favorite dessert recipe that you'd like to share with us, please email it to [tbskitchen@seashul.org](mailto:tbskitchen@seashul.org) so that we can purchase the necessary groceries and supplies needed prior to our next baking date. Thanks!

*Jan Sarratore*  
[tbskitchen@seashul.org](mailto:tbskitchen@seashul.org)

Click on this link or copy and put in your browser for a fun and delicious article to read and enjoy:

[https://www.myjewishlearning.com/the-nosher/the-jewish-history-of-cheesecake/?utm\\_source=Nosher&utm\\_campaign=Nosher&utm\\_medium=email&mpweb=1161-19396-45263&fbclid=IwAR1hFRqpuFyCHBCc7VVSJ4xWPhFBZBqu-MHyb2o0M2ndVhVAKYSgrxXEx8lc](https://www.myjewishlearning.com/the-nosher/the-jewish-history-of-cheesecake/?utm_source=Nosher&utm_campaign=Nosher&utm_medium=email&mpweb=1161-19396-45263&fbclid=IwAR1hFRqpuFyCHBCc7VVSJ4xWPhFBZBqu-MHyb2o0M2ndVhVAKYSgrxXEx8lc)

## Condolences

On the passing of past president of Temple Beth Shalom, Barry Bornstein, our hearts go out to Fran Dratch, Barry's loving wife, his devoted daughters, Elizabeth (Scott Hinckley) and Jennifer, granddaughter Naomi, and brother Steven (Susan Lynch), and most sincerely to his spry, 98-year-old mother, Shirley. We know that Barry impacted our congregational community in many significant ways and his good works are echoed throughout the Jewish community and beyond.

## TBS Dinner Club

We're just not sure when our TBS Dinner Club will be able to physically meet again – we had such good intentions of having a meal together every eight weeks and going to restaurants that could accommodate a group of 20+ people. Not to be deterred though, we hosted a Zoom Dinner Party with 18 people attending in early May!!! We visited for a little over an hour and enjoyed each other's company. We have created an e-mail list of those who are interested in being notified when we go out or "Zoom In." Please join our growing list by sending your email address to the Temple Office with a request to be added to our TBS Dinner Club. You are not obligated to come to every meal out, but hope that you'll be able to attend many. An email will go out to the Dinner Club list when we can dine together again!

## Way Back When!

— Remembered and submitted by Jackie Fabel

To put it mildly, these are trying times. Did we ever imagine that people are advised to stay in their houses, churches and Shuls, towns would be closed and seem so empty that people are not to be seen, not even your neighbors?

Back when, Temple Beth Shalom was a small but functioning place to worship and meet with fellow members in the late 1970's and early 1980's and we managed to keep it going. Family membership was \$50 and we had a men's club and women's league who had unique fundraising ideas. One such fundraiser was a Raffle we had and for just a \$100 (only 200 tickets to be sold) donation, that included a dinner AND you could win a brand new 1978 Cadillac Coupe DeVille! At that time, we had 70 members with only a few families having children and there was a Sunday school for those children.

We can all hope that this nightmare, as some are calling it, will be over and no more lives will be lost. If I can quote a saying from my late mother "From our mouths to G-DS ears."

## Eternal Garden

It is beautiful to see the perennials that we planted last fall, blooming again! The garden is a lovely place to visit and reflect upon our lives, our families, our community and our health. During this time of "shelter in place." one can feel a sense of isolation, sadness and anxiety. Please, come and sit on one of our beautiful Eternal Garden benches for your reflections. Thank you to Jerry and Sheila Cohen for making this a wonderful reprieve from the world around us.

If you enjoy gardening, please consider volunteering to help us maintain this beautiful space. Contact the Temple office for more information.

## Temple Beth Shalom and Covid-19

In compliance with all state, county and city regulations, TBS has suspended on-site services. This stoppage will remain in effect until the Rabbi, TBS officers, the Conservative Movement's governing body and elected officials are all convinced that we can reopen with positive assurance that the safety of our congregation will not be jeopardized. Unfortunately, as this is written, we do not have any target for the in-house resumption of services.

Even though we cannot assemble in our beautiful building we can still get together, virtually. Every Friday evening at 6:00 pm, we join together for our Welcoming Shabbat Zoom gathering. All members receive an email invitation with a Zoom link. If you have a computer, tablet or smart phone and a Wi-Fi connection, all it takes is a simple click on the provided link and you, too, can be transported to the Rabbi's home to be part of the experience. In addition to the participation in the ritual, you will also have an opportunity to see fellow TBS congregants. The services have been joined by as many as 30 worshippers. This is a wonderful opportunity to "see" friends that you probably have not seen since the Shelter-In-Place was imposed.

If you are not receiving the Zoom invitation and would like to be included, send an email to [rabbi@seashul.org](mailto:rabbi@seashul.org) with your email address and request. If you know of anyone who wants to participate but does not have the ability to join the Zoom services on-line they can still join via telephone. Leave the pertinent information on the TBS answering machine at 609-266-0403. We will find a way to communicate the access information.

Our regular office hours have also been suspended. Donna Jordan, our administrator, does stop in periodically to check the mail and to inspect the premises. If you call the synagogue office, Donna has the ability to respond to your calls. Do not hesitate to call for any reason. You can also contact Rabbi Fox or Jack Lieberman by leaving a message with Donna or sending an email to [rabbi@seashul.org](mailto:rabbi@seashul.org) or [president@seashul.org](mailto:president@seashul.org).

Plans are proceeding to prepare the facilities when we are permitted to open. Those plans include professional sanitizing treatments and increased hand sanitizing stations. There will also be a tracking system of siddurs so they can be reserved once you use them.

What about the High Holidays? That is a question that has every synagogue, Rabbi and Temple Board scrambling for solutions and answers. The Conservative Movement's governing body, the United Synagogue of Conservative Judaism (USCJ) has formed three task forces to consider every aspect of the question. Obviously, the controlling elements will be the status of the virus, the rules of sheltering and social distancing and the governmental rules for resuming on-site assemblies. The task forces are contemplating every condition from today's shelter-in-place rules to a total relaxation of controls. With the safety of our congregation a priority, first and foremost, we will adopt and adapt to the recommendations of the task forces to assure

maximum caution and fulfill the spiritual requirements of the Days of Awe. TBS has once again acquired the services of Cantor Nancy Abramson for the High Holidays.

Whether services are in-house or virtual, the opportunity and the need for sponsors still exists. Please, continue your support.

Do not forget, we now have a beautiful Eternal Garden. That is a wonderful spot to sit and reflect and pray.

In summary, TBS assures you that the safety and spiritual needs of our congregants will be the controlling factor in all of our decisions and actions. TBS will provide an alternative to the regular Shabbat, Yizkor, and Yom Tov services as long as that is required. As soon as TBS can open safely, the doors will be wide open, but for now, we hope to see you every opportunity we can.

---

### Updating Your Contact Information with TBS

We want to be sure that your contact information and communication preferences are correct. If you would like to notify us of any changes, please call the office at (609) 266-0403 or via email at [office@seashul.org](mailto:office@seashul.org). Be sure to include the best phone number to reach you at and an email address, as we are trying to send out as much information electronically as possible. If you have any questions about updating your contact information and communication preferences, please contact us.

### GO GREEN!

Save trees, energy, and postage. Just email [office@seashul.org](mailto:office@seashul.org) to request that your **Temple Beth Shalom newsletter** and other notices and reminders be sent by email. Do it for the planet, do it to save postage, do it for a mitzvah!

### *Simkha, Simkha — Read All About It!*

Don't Keep It to Yourself — if you have great news, share it! Please let us know about your wonderful news such as births, graduations, promotions, awards and, we hope for many, weddings, and so on! No matter your joy, we'd like to share in it! Whether with a blessing or an "attaboy," communities are built by getting to know each other and sharing both bad times, but even more so, our good times! Contact us at the office via phone or via email at [office@seashul.org](mailto:office@seashul.org) or [rabbi@seashul.org](mailto:rabbi@seashul.org) for Rabbi Fox.

## June Yahrzeits

- 6/1 Eileen & Daniel-Paul Alva *in memory of* Eileen's mother, Matilda Keiser  
Afton Koontz & Neil Brandt *in memory of* Afton's father, George Koontz  
Barbara & Albert Dragon *in memory of* Barbara's aunt, Sophie Lonsky  
Janis Murphy *in memory of* her son, Andrew Milstein Murphy  
Howard & Janis Rosenberg *in memory of* Howard's father, Louis Rosenberg  
Donna & Jack Pressman *in memory of* Donna's father, Isadore Rudnitsky
- 6/2 Debbie & Gail Coplein *in memory of* their grandfather, Harry Coplein
- 6/4 Theresa Hanish
- 6/5 Monroe "Hank" Hanish  
Seymour & Dorothy Katz *in memory of* Seymour's mother, Hannah Katz  
Barbara & Albert Dragon *in memory of* Barbara's grandmother, Leah Lonsky  
Marvin Waxman *in memory of* his father-in-law, Phillip Rose
- 6/6 Judge Sandra Mazer Moss & William Boyd Deane *in memory of* Sandra's mother, Sylvia Mazer  
Susan & Leslie Tuerk *in memory of* Susan's father, William Taylor
- 6/7 Leo Harris  
Howard & Myrna Levin *in memory of* Howard's mother, Rose Levin  
Dr. Gene Solomon *in memory of* his brother, Harvey Solomon, MD
- 6/9 Drs. Judith & Burton Schwartz *in memory of* Judith's father, Herman Parker
- 6/10 Ronald & Rhoda Bermon *in memory of* Ronald's mother, Selma Bermon  
Dr. Janet & Paul Sachs *in memory of* Janet's mother, Shirley Sandell  
Stephen & Jamie Satz *in memory of* Stephen's father, Joseph Satz
- 6/11 Lillian Schlessinger  
Philip Segal
- 6/13 Pearl & Mark Erdman *in memory of* Pearl's father, Samuel Blady  
Arlene & Dr. Howard Waronker *in memory of* Arlene's father, Max Glaberson  
Vera Getz *in memory of* her mother, Shirley Greenberg
- 6/14 Estelle Silver *in memory of* her father, Samuel Waltzer
- 6/17 Fran Dratch & Barry Bornstein *in memory of* Fran's father, Nathan Dratch  
Barbara & Albert Dragon *in memory of* Barbara's uncle, Morris Lonsky  
Linda & Dr. Martin Millison *in memory of* Linda's aunt, Vivian Rabineau
- 6/18 Terry Horowitz *in memory of* her mother-in-law, Bella Horowitz-Cobert
- 6/20 Norton & Gloria Freedman *in memory of* Gloria's mother, Minnie Kuperstein  
Helen Spinrad *in memory of* her husband, Milton Lapayowker
- 6/21 Jerald & Sheila Cohen *in memory of* Jerry's mother, Vera B. Cohen  
Stanley & Judith Levick *in memory of* Stanley's mother, Mary Levick
- 6/22 Albert & Barbara Dragon *in memory of* Al's father, Samuel Dragon  
Cary & Trudy Durant *in memory of* Trudy's sister, Ellen Frunzi  
William Richmond
- 6/23 Ronald & Rhoda Bermon *in memory of* Rhoda's mother, Esther Boyer Altaker  
Lena Grossman  
Linda Hahn *in memory of* her father-in-law, Isidor Hahn
- 6/24 Neil Brandt & Afton Koontz *in memory of* Neil's mother, Renee Brandt
- 6/25 Stanton & Aimee Levin *in memory of* Stanton's grandfather, Herman Levin
- 6/26 Barbara & Dr. Barry Glaser *in memory of* Barbara's mother, Geraldine Field  
Aaron & Joan Grossman *in memory of* Aaron's mother, Sylvia Grossman  
Irene Siegel *in memory of* her father-in-law, Ben Siegel  
Dr. Stephen & Rosalyn Weinstein *in memory of* Steve's father, Irving Weinstein
- 6/27 Bruce & Dolores Bortner *in memory of* Bruce's mother, Henrietta Bortner  
Stanton & Aimee Levin *in memory of* Stanton's mother, Ida Levin  
Lawrence & Karen Metzger *in memory of* Lawrence's mother, Bertha S. Metzger  
Leon & Harriet Ackovitz *in memory of* their aunt, Selma Orner  
Robert & Eileen Linzner *in memory of* Eileen's father, Morris Rogovin
- 6/29 Dr. Stephen & Rosalyn Weinstein *in memory of* Stephen's step-father, Samuel Rosenblatt  
Howard & Debbie Schlesinger *in memory of* Howard's grandmother, Emma Schlesinger
- 6/30 Ida Kessel

---

## Temple Beth Shalom Up-Dated Website

Temple Beth Shalom is proud to announce the launching of its up-dated and streamlined website. Thank you, Rabbi Fox, for bringing this site to fruition. The website is a work in progress and activities of new postings, up-dating, and archiving postings will be an on-going project.

The website is designed to inform TBS congregants of important notices, up-coming calendar events, synagogue programs, current and archived newsletters, as well as links to websites of interest. In addition, this website will serve as an introduction to our warm and welcoming synagogue for prospective members.

A committee is being formed to operate, manage, and maintain this site; volunteers with technical expertise in web design are needed. Please forward your inquiries to Jack Lieberman at: [president@seashul.org](mailto:president@seashul.org).

Visit our beautiful website at [www.seashul.org](http://www.seashul.org).

*Camille Rosenberg*  
TBS Web Design Committee

## Simply Shirley . . . Zoom Edition

Welcome to all of my readers.

TBS Literary Society News:

Hope you are all healthy and able to enjoy some kind of normal life – if there is such a thing. Our life is filled with walking on the beach (weather permitting), puzzles, reading and other solitary items of life. Oh, I forgot to mention cleaning and, of course, washing our hands all of the time. We are lucky we are able to have these things and wish that our lives could return to a more normal time. As days go by, we have to look to see exactly what day it is and also what time it is since it all seems the same. With all of that being said we realize that we are the lucky ones and for that we are grateful.

Now, to the many Zoom sessions which we have had and enjoyed:

Zooms Summaries –

- Friday and Saturday Services
- Virtual Dinner
- Literary Society
- Family Functions
- Council Meetings
- Farmers Market Meetings
- AtlantiCare Meetings

Perhaps there were more, however, I am totally Zoomed out! I would like to say this is truly a wonderful way of getting to see family, dear friends as well as community friends.

Our book to be reviewed for June is: “The Golem and the Jinni,” a novel by Helene Wecker. Our meeting will take place on Monday, June 1 at 1 p.m. via Zoom video format.

My prayer for the future is that we can return to a somewhat normal life. I know that our new normal will be different from our old normal, however, I too am different than I was before this COVID 19 took over. May we all meet together and smile and remember we are the lucky ones.

*With much love and distant hugs,*

*Simply Shirley*

## Rabbi (Continued from page 1)

something that could harm us or even kill us or our loved ones does not allow us to avoid the truth that we cannot fully control how our lives unfold or how others will respond to us. This is not to say that we should ignore the well-meaning words of others delivered in kindness, but if we concern ourselves too much with seeing ourselves through the eyes of others, there will be no room to see ourselves for who we really are.

The same can be said for our circumstances. It is important to remember that while we may not be able to control some major aspects of our lives, from work, retirement, to the biggest uncertainty in our lives, our health, this does not mean that we don't have the ability to exercise our own agency in the world. To the contrary. All of us have had to deal with significant disappointments in our lives, and yet we have been able to adjust to them and find our way home or make for ourselves a new home. So it will be in the days, weeks, and months ahead.

I'd like to offer you a simple, yet powerful message this month: As the weather gets nicer and it's more tempting to do things that could put our life or others' lives in jeopardy, we need to stay the course of taking care of others by taking care of ourselves, first and foremost. We need to make choices that, on the surface, may not seem to make sense to others but make sense to ourselves. If we do this with an eye on connection and community and not for the joy of being self-indulgent, this will lead us to the inevitable renewal of our body and spirit that will enable us to give back to others. It is a simple calculus that this will elevate ourselves, our relationships, and everyone whose paths we cross.

As we leave the counting of the Omer and the spiritually elevating journey between Passover and Shavuot behind, let us remember to hold fast to what is timeless, including trusting in our kindness through self-care and sustaining ourselves in the knowledge that the permission we need comes from within ourselves, not from the approval of others. And may we direct this renewed comfort with ourselves to lifting up those around us who need the reminder of the same lesson: Permission comes from within us.

Now, enjoy your tea with sugar.

*Rabbi Gerald R. Fox*

### TBS Literary Society

Monday, June 1 • 1 p.m.

“The Golem and the Jinni”

By Helene Wecker

via Zoom video format.

Please contact the Temple Office at  
609-266-0403 or  
office@seashul.org

if you need additional information!

We look forward to “seeing” everyone there!



## Chumash Dedication

Shabbat prayer books are full with dedication panels but with a \$36 donation, you may dedicate one of our Chumash books for any purpose you desire.

We have 37 books remaining for dedication, so call the office at 609-266-0403 and make your wishes known.






Above left, programs placed at each seat for Tu B'Shevat.  
 Above, some TBS dinner club attendees at Aroma Restaurant in Galloway, NJ  
 Below, tables are set for Tu B'Shevat.

**Murray & Becker, LLC**  
**John J. Murray**  
 Certified Public Accountant

*Preparation of Individual Corporations, Partnership,  
 Trust & Estate Tax Returns  
 Accounting Services/Financial Planning  
 Electronic Filing of Federal & NJ Tax Refunds*

**(609) 641-0880**

Fax 641-8250 jjmcpa@comcast.net  
 21 E. Black Horse Pike, Pleasantville, NJ 08232

**DOWN BEACH  
 DELI AND RESTAURANT**

8 South Essex Avenue Margate ♦ New Jersey 08402  
 NY Style Deli • Cold Cuts • Party Trays • Catering

**Richard Della Fave (Buddy)**

Tel. 609.823.7310 Fax. 609.823.4005

[www.downbeachdeli.net](http://www.downbeachdeli.net)



SERVICE TO AND FROM THE  
BRIGANTINE BEACH



**BRIGANTINE TAXI**  
THE FRIENDLY CAB COMPANY

**609 266 1300**

\$1 DISCOUNT RIDING TO OR FROM TEMPLE BETH SHALOM

PICK UP TO AND FROM ALL CASINOS AIRPORTS MALLS

PROMPT SERVICE  
GREAT RATES DELIVERIES  
COURIER SERVICE

(609) 646-7670




**J. MAUL LANDSCAPING**  
LANDSCAPE DESIGN • LANDSCAPE LIGHTING  
BRICK PAVERS

JEFF MAUL

EGG HARBOR TWP., NJ

Eat In OR Take Out • 10:30AM TO 10:30PM  
andresbrigantine.com

andreitalrest@comcast.net  
609.266.1124



**Andre's**  
ITALIAN RESTAURANT  
Wine & Bar

italian dinner specialities • pizza • subs • steaks

1312 W. BRIGANTINE AVENUE • BRIGANTINE, NJ 08203

**SURF SUNDRIES**

1306 W. Brigantine Ave.  
**266-1435**  
where you will find  
**"Everything For The Beach"**

Chairs • Bellboards • Boats • Umbrellas • Rafts • Carts • Towels  
Blankets • Shoes • Games • Galls • Swim Suits • Cover-Ups  
~ Plus ~

Toys • Gifts • T-Shirts • Hermit Crabs  
You need it, You want it - We've Got It!  
We will honor anybody's coupon.

"A Brigantine Tradition since 1970"




**Peniel Cleaning Services**  
Experience, Reliability and Service

**Angela Moya**  
Owner/Manager  
609 271 9295  
609 271 9294

Residential, Commercial and Office.

Free Estimates  
Fully Licensed and Insured  
penielcleaningservice@gmail.com

**Eugene M. DiMarco, D.O., M.S.**  
**Ophthalmology**



*Surgery and Diseases  
Of The Eyes and Eyelids*

Brigantine Towne Center  
4274 Harbour Beach Blvd.  
Brigantine, NJ 08203  
(609) 266-8000  
FAX 266-9555



**JEFFREY R. DELSON, D.D.S., P.A.**

1307 West Brigantine Avenue  
Brigantine, New Jersey 08203-2185

(609) 266-5270  
FAX (609) 266-4296  
Jeffdelsondsd.com

From our family to yours, proudly serving  
the funeral and monument needs  
of Atlantic, Cape May and Cumberland Counties.

*Roth-Goldsteins'* 

1-609-344-9004  
1-800-858-7350

www.rothgoldsteins.com  
Email: info@rothgoldsteins.com  
Pacific & New Hampshire Avenues  
P.O. Box 1908 - Atlantic City, NJ 08404

Eric S. Goldstein  
NJ Lic. No. 4032

Jason S. Goldstein  
Manager, NJ Lic. No. 4633

Stephen T. Collins  
NJ Lic. No. 3355

Danielle M. Barry  
NJ Lic. No. 4779

**TEMPLE BETH SHALOM**  
 4419 West Brigantine Avenue  
 Brigantine, NJ 08203

**MISHPOCHEH NEWS**

Published Monthly by  
 Temple Beth Shalom

4419 West Brigantine Avenue, Brigantine, NJ 08203

www.seashul.org  
 (609) 266-0403

Administrator: **Donna Jordan**

*Affiliated with the United Synagogue of  
 Conservative Judaism*

**Newsletter Production & Design: Jackie Caplan**

**TEMPLE BETH SHALOM OFFICERS**

**President: Jack Lieberman**

**1st Vice President: Jack Pressman**

**2nd Vice President: Janet Sarratore**

**Treasurer: Bernard Rosenberg**

**Assistant Treasurer: Donna Pressman**

**Recording Secretary: Dr. Burton W. Schwartz**

**Corresponding Secretary: Dr. Judy P. Schwartz**



**A Reminder**

to all Temple Beth Shalom members. Please notify the office of any births, engagements, marriages, illnesses or deaths. This way the Rabbi, Board and Temple membership can be notified. The answering machine is on 7 days and 24 hours a day.

**Help Our Temple through your donations**

Your donations *in memory of* loved ones, simchas, our Library Fund or Rabbi's Discretionary Fund not only help the Temple, but also are a way to remember various happy and sad events in your life. Unsolicited general donations are needed to help the Temple meet its annual operating expenses. Keep in mind, less than 50% of our operating expenses are covered by membership dues. Listed below are the various items to which you can contribute.

- Chumash Book Dedication* .....\$36
- Large Garden Paver* .....\$518.00
- Garden Pavers 4x8* .....\$180.00
- Lucite Memorial Plaque* .....\$375
- Leaf on the Tree of Life* .....\$50
- Oneg Shabbat Sponsor* .....\$30
- Kiddush Lunch Sponsor* .....\$110
- Message Card* .....\$5 each
- Package of 12 Note Cards w/Envelopes* (3 of ea. picture) ..\$18
- Yizkor Memorial* .....Minimum \$10
- Eternal Garden Fund* .....Whatever you desire
- Building Fund* .....Whatever you desire
- Rabbi's Discretionary Fund* .....Whatever you desire
- Torah Fund* .....Whatever you desire